

Next Steps Group of Alcoholics Anonymous in Merida

Wednesday night at 5:30 pm – Open Women's Meeting

Before the meeting, the Chair asks for four volunteers to read the Preamble, How it Works, the Traditions, and A Vision for You or The Promises

1. Hi, my name is XXXXXX and I am an alcoholic.
2. Welcome to Merida's Next Steps English-speaking AA group. This is an open women's meeting, and all are welcome.
3. Please mute your phones and avoid using them during this meeting.
4. Let us open this meeting with a moment of silence, and then please join me in the serenity prayer:

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference

5. If you have consumed alcohol during the last 24 hours, we suggest you listen tonight and talk to one of us after the meeting.
6. Is there anyone here for their very first AA meeting? *(If there is a newcomer, the chair welcomes her and we read Step One from the 12 x 12, and we give the newcomer a 24-hour chip)*
7. Is there anyone here in their first 30 days of sobriety?
8. Are there any AA birthdays? *(After the readings, the Chair can ask birthday celebrants to share how they did it.)*
9. Are there any AA announcements?
10. Let us go around the room and introduce ourselves and where we are from.

11. I have asked _____ to please read our *Preamble*.
12. I have asked _____ to please read *How It Works*.
13. I have asked _____to please read *The Traditions*.
14. Anonymity is the spiritual foundation of our program, reminding us to place principles before personalities. Therefore, who you see here, what you hear here, when you leave here, let it stay here.
15. We ask that members do not interrupt or crosstalk while someone is sharing during the meeting. Please be mindful of the length of your share so that everyone has time to speak.
16. In this meeting, the Chair picks a topic from our literature and shares her experience, strength, and hope in working the 12 Steps of Alcoholics Anonymous. *After sharing, the Chair announces that the meeting is open.*
17. *15 minutes before the end of the meeting, please announce:* Our 7th Tradition States that we are self-supporting through our own contributions. If you are in Merida, you can contribute anytime we pass the basket in an in-person meeting. If you are not in Merida, you can arrange to transfer a contribution to a willing local meeting attendee. Most use PayPal or Venmo for these transfers. Local attendees willing to receive a contribution, please raise your hand. Thank you - you can connect through the Chat feature to coordinate the next step.
18. *At the end of the meeting, the Chair says:* If you did not get an opportunity to share during the meeting, or if you are looking for a sponsor, please talk to one of us afterward. If you are willing to be a sponsor, please raise your hand.
19. After the meeting, please let me know if you want to join Women'sour Next Steps AA Group Chat on WhatsApp.
20. Our personal recovery depends upon AA unity. Can someone volunteer to set up and chair this meeting next week?

21. I have asked _____ to please read A Vision for You or The Promises from our text.

22. Now we will close with the Responsibility Statement and the Serenity Prayer:

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible

God grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.