

Tuesday – Open Zoom Meeting Format

- 1.** *While folks are gathering, ask for volunteers to read **How it Works, Traditions and Promises**. Ask if someone will chair next week.*
- 2.** My name is _____ and I am an alcoholic. Welcome to the Tuesday English-speaking A.A. meeting in Merida. Let's open the meeting with a moment of silence followed by the Serenity Prayer.
- 3.** Please take a moment to mute your microphone. Later, please unmute yourself if you are reading or sharing. After reading or sharing, please mute yourself again. This way everyone can hear.
- 4.** This is AA's preamble:

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they solve their common problem and help others to recover from alcoholism. The only requirement for membership is the desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organizations or institutions; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help others to achieve sobriety.
- 5.** Is there anyone here who is attending their 1st or 2nd AA meeting?
- 6.** Is there anyone here who is in their first thirty days of sobriety?
- 7.** Is there anyone here who is returning to AA?
- 8.** Are there any out-of-town visitors?
- 9.** Are there any upcoming AA birthdays?
- 10.** Are there any AA-related announcements?
- 11.** Can I have someone read HOW IT WORKS from Chapter 5 of AA's Big Book.
- 12.** Can someone read the Twelve Traditions?
- 13.** The format of this meeting is that we alternate reading from the Twelve and Twelve and then the following week from AS BILL SEES IT.
- 14.** If anyone here has had a drink today, we ask that you just listen. Please meet up with someone after the meeting.

- 15.** I would like to remind those attending that while someone is sharing, there should be no crosstalk.
- 16.** This week we are reading from_____. (After the reading, declare the meeting is now open for sharing.)
- 17.** At 6:15, ask if there are any burning desires.
- 18.** Our 7th tradition states that every A.A. group ought to be fully self-supporting, declining outside contributions. If you are in Merida, you can contribute anytime we pass the basket in an in-person meeting. If you are not in Merida, you can arrange to transfer a contribution to a willing local meeting attendee. Most use PayPal or Venmo for these transfers. Local attendees willing to receive a contribution, please raise your hand. Thank you - you can connect through the Chat feature to coordinate the next step
- 19.** *At the end of the meeting:* If you did not get an opportunity to share during the meeting, please reach out to any of us. Our group is always available to you.
- 20.** I've asked_____to please read the Promises from our text.
- 21.** Thanks, everyone. Please make sure your microphone is muted, and we will close with the Serenity Prayer.