

Meeting Format: Next Steps Women's AA Mtg via Zoom

- 1. While people are gathering, ask for volunteers to read the preamble, how it works, the traditions, and a vision for you**
2. Welcome to our Sunday night women's meeting. My name is _____, and I am an alcoholic. This is an open, English-speaking meeting, and all are welcome. Please take a moment to mute your microphone. Later, please unmute yourself if you are reading or sharing. After reading or sharing, please mute yourself again. This way, everyone can hear.
3. Let us open this meeting with a moment of silence, and then please join me in the serenity prayer.
4. We ask if you have consumed alcohol during the last 24 hours that you listen tonight, and talk to one of us after the meeting.
5. Is there anyone here for their very first AA meeting? (If there is a newcomer, the chair welcomes the person, and we read the First Step in the 12 x 12)
6. Is there anyone here in their first 30 days of sobriety? If so, please introduce yourself by your first name only. We ask this not to embarrass you but so that we may get to know you better.
7. Are there any AA birthdays? (If there is an AA birthday, the chair can ask them to share a little of how they did it after the readings)
8. Are there any AA announcements?
9. May I have a volunteer to lead this meeting next week? We will circulate the meeting script.
10. I have asked _____ to please read our **Preamble**.
11. I have asked _____ to please read **How It Works**.
12. I have asked _____ to please read the **Traditions**

13. Please remember to respect the anonymity of each member present and we request that participants confine their discussion to matters pertaining to recovery from alcoholism.
14. We ask that members do not interrupt or crosstalk while someone is sharing during the meeting.
15. *Ask someone who is having a birthday to share here for a few minutes.*
16. In this meeting, our speaker chooses a topic from our literature and shares on it. Then, she picks a woman to share next.
17. *When there is 15 minutes left to share:* Our 7th tradition states that every A.A. group ought to be fully self- supporting, declining outside contributions. Our Zoom meetings incur expenses for the Zoom software and our website. We accept contributions during our local in-person meetings. If you are in Merida, you can drop a donation off during a meeting or place it in the 7th tradition basket in the AA cupboard at the church.

If you are not in Merida and would like to contribute, you can arrange to transfer a contribution to a willing local meeting attendee. Most use PayPal or Venmo for these transfers. Will local attendees willing to receive a contribution please raise your hand? Thank you - you can connect through the Chat feature to coordinate the next step.
18. *At the end of the meeting:* If you did not get an opportunity to share during the meeting, please reach out to any of us. Our group is always available to you.
19. I've asked _____ to please read **a vision for you** from our text.
20. Thanks everyone. Please ensure your microphone is mute and we will close with the Serenity Prayer.