## Tuesday Night Zoom Meeting Format: 5:30 pm Merida – time

- 1. While folks gather, ask for volunteers to read How it Works, the Traditions and the Promises.
- Hi everyone. My name is XXXXXX and I am an alcoholic. Welcome to the Next Step Group's Tuesday Night Zoom Meeting. This is an open meeting, and all are welcome. Let's open the meeting with a moment of silence followed by the Serenity Prayer.
- 3. Please take a moment to mute your microphone. Later, please unmute yourself if you are reading or sharing. After reading or sharing, please mute yourself again. This way everyone can hear.
- 4. This is AA's preamble: Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they solve their common problem and help others to recover from alcoholism. The only requirement for membership is the desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help others to achieve sobriety.
- 5. Is anyone here attending their 1st or 2nd AA meeting?
- 6. Is anyone here in their first thirty days of sobriety?
- 7. Is there anyone here who is returning to AA?
- 8. Are there any out-of-town visitors?
- 9. Are there any upcoming AA birthdays?
- 10. Are there any AA-related announcements?

- 11. Can I have someone read HOW IT WORKS from chapter 5 of AA's Big Book?
- 12. Can someone read the Twelve Traditions?
- 13. The format of this meeting is we alternate reading from the **Twelve and Twelve** and **AS BILL SEES IT.**
- 14. If anyone here has had a drink today, we ask that you listen and meet up with someone after the meeting.
- 15. I would like to remind those attending that while someone is sharing there be no crosstalk.
- 16. This week we are reading from \_\_\_\_. (After the reading, declare that the meeting is now open for sharing.)
- 17. At 6:15 pm, ask if there are any burning desires.
- 18. Our 7th tradition states that every A.A. group ought to be fully self- supporting, declining outside contributions. Our Zoom meetings incur expenses for the Zoom software & our website. We accept contributions during our local in-person meetings. If you are in Merida, you can drop a donation off during a meeting or place it in the 7th tradition basket in the AA cupboard at the church.

If you are not in Merida and would like to contribute, you can arrange to transfer a contribution to a willing local meeting attendee. Most use PayPal or Venmo for these transfers. Will local attendees willing to receive a contribution please raise your hand? Thank you - you can connect through the Chat feature to coordinate the next step.

- 19. *At the end of the meeting:* If you did not get an opportunity to share during the meeting, please reach out to any of us. Our group is always available to you.
- 20. I've asked XXXXX to read the Promises from our text. Please ensure your microphone is mute and we will close with the Serenity Prayer.